

ABSTRACT OF THE DISCLOSURE

This disclosure relates to compositions suitable for a variety of treatments, including ameliorating the undesirable side effects associated with compounds such as lipase inhibitors (*e.g.*, anal leakage of undigested fat or oil). In particular, one embodiment of the present invention relates to compositions that are suitable for administration to an animal for the purpose of stiffening one or more lipophilic substances present in the gastrointestinal tract of the animal. The stiffening agents have a complete melting point of about 33 °C or greater. Various kits comprising the compositions are also described herein.

Also disclosed are methods of stiffening lipophilic substances present in the gastrointestinal tract of an animal are provided, wherein the methods comprise administering a composition comprising a safe and effective amount of a stiffening agent to the animal, wherein the stiffening agent is described herein and has a complete melting point of about 33 °C or greater. The methods also include those selected from treating gastrointestinal distress, treating fecal urgency, treating obesity, treating hyperlipidemia, treating diarrhea, inhibiting anal leakage, reducing levels of toxic substances, reducing blood cholesterol levels, inducing satiety, effecting weight loss, effecting weight control, treating Type II Diabetes, delaying onset of Type II Diabetes, preventing Type II Diabetes, and combinations thereof, the methods comprising administering a composition comprising a safe and effective amount of the stiffening agent to the animal, as well as a safe and effective amount of a lipase inhibitor.